

# OHST Preparation Workshop

This is a three-day review course for those preparing for the OHST Examination, leading to the designation of Occupational Health and Safety Technologist. This course is an excellent review for those desiring to:

- \* determine whether the participant is ready to attempt the examination.
- \* identify areas where extra preparation is needed.
- \* become familiar with resources available to prepare for the exam.
- \* learn about certification requirements and scoring procedures.
- \* review content material in an informal environment utilizing a "testing" format including an opportunity for discussion.
- \* minimize "test shock" for those who have not taken an exam of this magnitude and importance for an extended period of time.



## OHST Workshop Agenda

### Day 1

A.M. Introduction  
Review of Fundamentals - Calculator, Algebra, and Trigonometry  
P.M. Review of Fundamentals - Physics and Statistics

### Day 2

A.M. Worksite Assessment (34%)  
P.M. Hazard Control and Loss Prevention (31%)

### Day 3

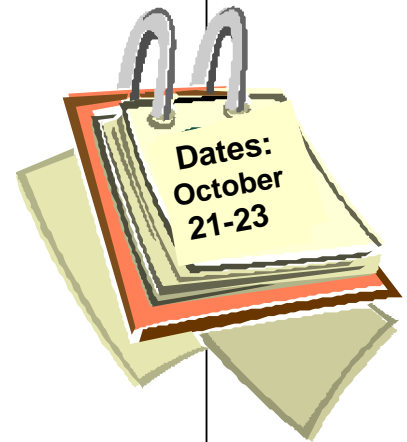
A.M. Verification (17%)  
P.M. Disaster Planning and Emergency Response (14%)  
Professional Responsibility (4%)

Note: Percentages represent the question distribution on the OHST examination.

\* Effective January 1, 2004, only the following calculators will be allowed by BCSP:

**Texas Instruments:** TI-30, TI-34, TI-35, TI-36 **Casio:** FX-115, FX-250, FX-260, FX-300

**Hewlett Packard:** hp 9, hp 10, hp 12, hp 30



## About the Instructor:

C. David Langlois, holds a Bachelor of Science in Industrial Technology from LSU and a Masters Degree in Business Administration from the University of North Dakota. Mr. Langlois has taught college courses in Occupational Safety, Supervision, Training, and Maintenance Management. He has over 25 years experience in the safety and training field and is a Certified Safety Professional. He has taught development courses in safety inspections, accident investigations, industrial hygiene, safety audits, hazard recognition, substance abuse awareness, and safety management.

OHST is accredited through the Council on Certification of Health,  
Environmental & Safety Technologists

